

Welcome: Women Veterans Virtual Public Forum

August 25, 2021

VA Maryland Health Care System (VAMHCS)



VA



U.S. Department of Veterans Affairs

Veterans Health Administration
VA Maryland Health Care System

www.maryland.va.gov

VA Health Care for Women Veterans

Women are the **fastest-growing** subgroup of U.S. Veterans. Women currently comprise:

20%

of New Recruits

14.5%

of the Active Duty Force

18%

of the Reserve Force

- **Only 25%** of women Veterans are currently enrolled and using VHA health care services.
- **20%** of women Veterans don't receive health care largely because they don't know about available services.



VHA is dedicated to enhancing health care experiences for women. VHA has made significant strides to ensure women Veterans get the quality health care they need.



U.S. Department of Veterans Affairs

Veterans Health Administration
VA Maryland Health Care System

www.maryland.va.gov

Dedicated Women's Health Providers

Women's Health Primary Care Provider (WH-PCP)

- Your first point of contact
- Provides comprehensive primary care services including general primary care and gender-specific care
- Assigned when you enroll, can request a specific gender.

Women Veterans Program Manager (WVPM) - Janita Robinson (Acting)

- Designated WVPM to **help** women Veterans access VHA benefits and health care services, across multiple disciplines.
- Ensure quality care for Women Veterans - promote practices to enhance satisfaction, maintain privacy and quality, educate staff, develop new programs

Women's Health Medical Director (WHMD) – Dr. Catherine Starpoli

- Works closely with WVPM to form the foundation and subject matter expertise of the Women's Health Program.



U.S. Department of Veterans Affairs

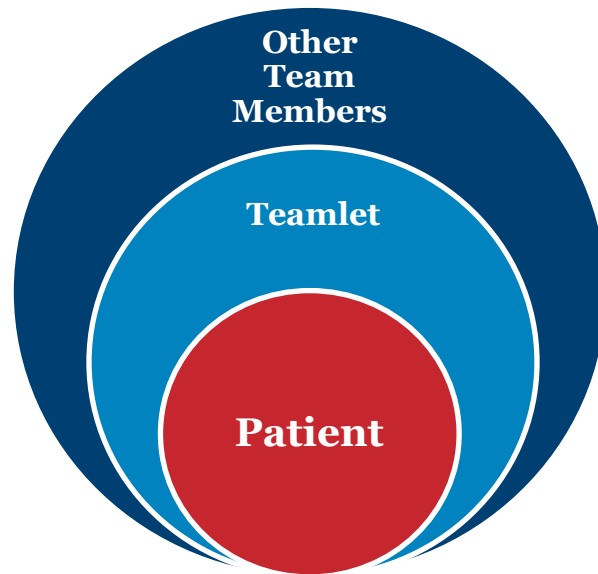
Veterans Health Administration
VA Maryland Health Care System

www.maryland.va.gov

Patient Aligned Care Team (PACT)

A PACT uses a team-based approach.

- You are the center of the care team
- Also includes your family members, caregivers, and health care professionals
- Other care team members may be called in
- Specialty care arranged when needed.



It starts with you, the patient.

Your Teamlet includes:

- Provider (WH-PCP)
- RN Care Manager
- Clinical Associate
- Clerk

Other Team Members can include:

- Integrated Behavioral Health
- Clinical Pharmacy Specialist
- Social Work
- Nutrition
- Coordinators

VA Health Care Services



Primary Care: Preventive Care and Wellness

- General Medical Care for Acute and Chronic Illness*
- Basic Reproductive Health Care, including Contraception*
- **Cancer Screening, including Mammography and PAP Smears**
- **Whole Health/Complementary and Integrative Therapies**
- **Cardiovascular Risk Assessment, Prevention, and Treatment**
- **Musculoskeletal Injury Evaluation and Treatment**
- Other Preventive Screenings
- Vaccines and Immunizations
- Smoking Cessation
- Nutrition
- MOVE! Weight Management Program
- Social Support (Covered in Phase 5)
- Pain Management
- Military Sexual Trauma (MST) and Intimate Partner Violence (IPV) Screening and Treatment
- Post Deployment Evaluation and Screening

VA Health Care Services



General Medical and Specialty Care

- Medical Subspecialties
 - Cardiology*, Endocrinology*, Gastroenterology*, Rheumatology*, and Others*
- Surgical Subspecialties
 - General Surgery*, Gynecology*, Urology*, Orthopedics*, and Others*
- Other Services
 - Audiology/Hearing Loss
 - Dental
 - **Prosthetics, including gender specific items**
 - Physical Therapy
 - Optometry*, Podiatry*, and Others*

VA Health Care Services



Mental Health/Substance Use Disorder Treatment

- **Mental Health Services**
 - General Outpatient Care
 - Specialty Care and Evidence Based Services
 - Inpatient and Residential Treatment Options (Women's Groups Available)
- **Military Sexual Trauma** (Sexual Assault and/or Harassment experienced during military service)
Screening and Related Care
- Suicide Prevention
- Outpatient and Residential Substance Use Disorder Programs
- Women's Residential Programs
- Detoxification (Detox)
- PTSD Screening and Treatment
- TBI Screening and Treatment
- Depression Screening and Treatment*

VA Health Care Services



Reproductive Health

- **Contraception**
- **Pre-conception Planning**
- **Infertility**
- **Incontinence Treatment/Support**
- Pelvic Floor Physical Therapy
- Menopause Management
- Gynecology Services
- Pelvic pain*
- Abnormal uterine bleeding*



Maternity and Family Care

- **Maternity Care**
- Nursing Bras, Breast Pumps, and Maternity Belts
- Newborn Care (up to 7 days)

Preventive Care and Wellness

Intimate Partner Violence (IPV) Screening and Treatment

- Screening, intervention, and safety planning for all forms of IPV, including physical, emotional, sexual, stalking, or threats of violence.
- Screening, resources, and referrals for Veterans' intimate partners, regardless of partners' Veteran status.
- IPV Assistance Program Coordinator

Post-Deployment Evaluation Screens

- Addresses many issues, including gastrointestinal issues, fever, skin rashes, TBI, embedded fragments, PTSD, depression, alcohol use, MST, and tobacco use.
- Occurs during your first primary care appointment.
- Screening is important whether or not you have physical, mental, or reintegration concerns. Early detection will help to address your mental and physical health, reduce future risks, and facilitate referrals for appropriate resources or specialists.



U.S. Department of Veterans Affairs

Veterans Health Administration
VA Maryland Health Care System

www.maryland.va.gov

Gender Specific Prosthetics

Prosthetic and Sensory Aids Service (PSAS) can address the unique needs of women Veterans for prosthetic devices, sensory aids, and associated services.

Women specific PSAS items include but are not limited to:

- Nursing Bras
- Post Mastectomy items
- Wigs for Alopecia, post chemotherapy
- Long Acting Reversible Contraceptives (e.g. Intrauterine Devices)
- Maternity Support Belt Items
- Vaginal Dilators
- Mastectomy Bathing Suits

Full comprehensive services include orthotic and prosthetic services, mobility aids, hearing aids and eyeglasses, communication and assistive devices, home respiratory therapy, recreational/ rehabilitative equipment, surgical implants, and durable medical equipment.

Mental Health/Substance Use Disorder Treatment

Military Sexual Trauma (MST) Related Care

- Free counseling and treatment for mental and physical health conditions related to MST
- Mental health and medical services, including outpatient, inpatient, residential treatment, and medications
- Dedicated MST Coordinator
- Vet Center services
- MST-related care may be available to Veterans not eligible for health care.

Post Traumatic Stress Disorder (PTSD) Screening and Treatment

- Psychotherapy, medications, complementary and integrative treatments
- Skills groups, residential treatment, and inpatient groups
- Same-day help is available.
- Limited mental health emergency care possible with OTH discharge

Traumatic Brain Injury (TBI) Screening and Treatment

- Rehabilitation services, including inpatient, transitional, and outpatient care (for both Veterans and Service Members covered by TRICARE authorization) who have sustained polytrauma, TBI, or other acquired brain injuries.



U.S. Department of Veterans Affairs

Veterans Health Administration
VA Maryland Health Care System

www.maryland.va.gov

We Are Here to Serve You

Acting Women Veterans Program Manager

Janita J. Robinson BSN, RN-BC

410-605-7000, ext 54754

Janita.Robinson@va.gov

Women's Health Mental Health Liaison

Jane Manlove, LCSW-C, Social Worker

443-967-4361

Jane.Manlove@VA.gov

Military Sexual Trauma Coordinator

Christine Calmes, Ph.D.

410-637-1231

Christine.calmes@va.gov

LGBTQ Coordinator

Aimee Olivera-Sanchez, Social Worker 443-401-8645

Aimee.Olivera-Sanchez@va.gov

Patient Concerns & Compliments:

Baltimore VA Medical Center, Baltimore VA Annex &

Glen Burnie VA Outpatient Clinic: 410-605-7099

Perry Point VA Medical Center and Cambridge &

Pocomoke City VA Outpatient Clinics:

410-642-2411, ext. 25097

Loch Raven VA Medical Center and Fort Meade VA

Outpatient Clinic: 410-605-7542

she
wore
these.

It's **our** job to give **her**
the best care anywhere.



WOMEN VETERANS HEALTH CARE

 Department of
Veterans Affairs www.maryland.va.gov

VA



U.S. Department of Veterans Affairs

Veterans Health Administration
VA Maryland Health Care System

www.maryland.va.gov

We Are Here to Serve You

Transition & Care Management Team

- Welcomes and helps coordinate care for Post 9/11 Veterans
- Case Managers, who are either nurses or social workers, coordinate patient care activities and help Veterans navigate through the VHA system.
- The Transition Patient Advocate (TPA) acts as a personal support as you move throughout the VHA healthcare system.

National Hotlines and Resources



Website:

www.womenshealth.va.gov

Facebook:

<https://www.facebook.com/VeteransHealth>

VA



U.S. Department of Veterans Affairs

Veterans Health Administration
VA Maryland Health Care System

www.maryland.va.gov

VA Medical Centers and Community Based Outpatient Clinics

Baltimore VA Medical Center
10 North Greene Street
Baltimore, MD 21201
Phone: 410-605-7000

Loch Raven VA Medical Center
3900 Loch Raven Boulevard
Baltimore, MD 21218
Phone: 410-605-7000

Perry Point VA Medical Center
Perry Point, MD 21902
Phone: 410-642-2411

Cambridge VA Outpatient Clinic
830 Chesapeake Drive
Cambridge, MD 21613
Phone: 410-228-6243

Eastern Baltimore County
VA Outpatient Clinic
5235 King Avenue, Suite 200
Rosedale, MD 21237
Phone: 443-730-2020

Fort Meade VA Outpatient Clinic
2479 5th Street
Fort Meade, MD 20755
Phone: 410-305-5300

Glen Burnie VA Outpatient Clinic
808 Landmark Drive, Suite 128
Glen Burnie, MD 21061
Phone: 410-590-4140

Pocomoke City VA
Outpatient Clinic
1701 Market Street, Unit 211
Pocomoke City, MD 21851
Phone: 410-957-6718

VA



U.S. Department of Veterans Affairs

Veterans Health Administration
VA Maryland Health Care System

